Sunday, January 20, 2019
8:45 – 10:45 a.m.
Breakfast Ethics
2.0 MCLE Credit Hours, including up to 2.0 LEPR Credit Hours and 2.0 SA/MH Credit Hours
Supreme Court Commission on CLE Course #: 190363
Room Location: Atlantic Ballroom 4-5

The Addicted Lawyer and Chaos of Addiction

We welcome Brian Cuban for the 2019 Breakfast Ethics Seminar! Brian, the younger brother of Dallas Mavericks owner and entrepreneur Mark Cuban, is a Dallas based attorney, author and addiction recovery advocate. He is a graduate of Penn State University and The University of Pittsburgh School of Law. Brian has been in long term recovery from alcohol, cocaine and bulimia since April of 2007. In this year's program he will discuss his sobering experiences with addiction in a two-part talk, meant to arm the individual lawyer with the best tools to defend and protect themselves and their peers.

In "The Addicted Lawyer": Substance use disorders have always been higher than the societal norm in the legal profession. Most lawyers know someone in the legal profession whose career was either lost or significantly harmed due to addiction. Attorneys and law students like anyone else can be genetically pre-disposed to alcoholism, substance use disorders, depression, eating disorders and even adult self-harm. The stress of practicing law can be an environmental trigger to these issues. The associated shame and fear of judgment can inhibit a lawyer from disclosing these issues until there both physical and employment consequences. Brian discusses his experiences with mental health issues, both as a law student at the University Of Pittsburgh and practicing attorney in Dallas Texas for over twenty years. Brian discusses his recovery, redefining his career as well as restoring family and passion for life.

In "Chaos of Addiction": It is possible to pull out of the descent into the chaos of drug addiction. Restoring love of self, trust, family relationships and career. Brian describes this decent which took him through two trips to a psychiatric facility and the brink of suicide. How he was able to not only recover but redefine his career as a successful lawyer and ultimately find his true passion in life.

Agenda

8 a.m.	**Breakfast Buffet Opens**
8:45 – 10:45 a.m.	***The Addicted Lawyer* and *Chaos of Addiction*** Brian Cuban *Mental Health and Recovery Advocate & Best-Selling Author* *Dallas, TX*

Click here to learn more about Brian!